



In A Heartbeat

Our Story



Mike Papale, Founder and CEO

Our Mission & Vision

- In A Heartbeat exists to prevent death from sudden cardiac arrest.
- In A Heartbeat envisions a world where the survival rate from sudden cardiac arrest increases significantly.



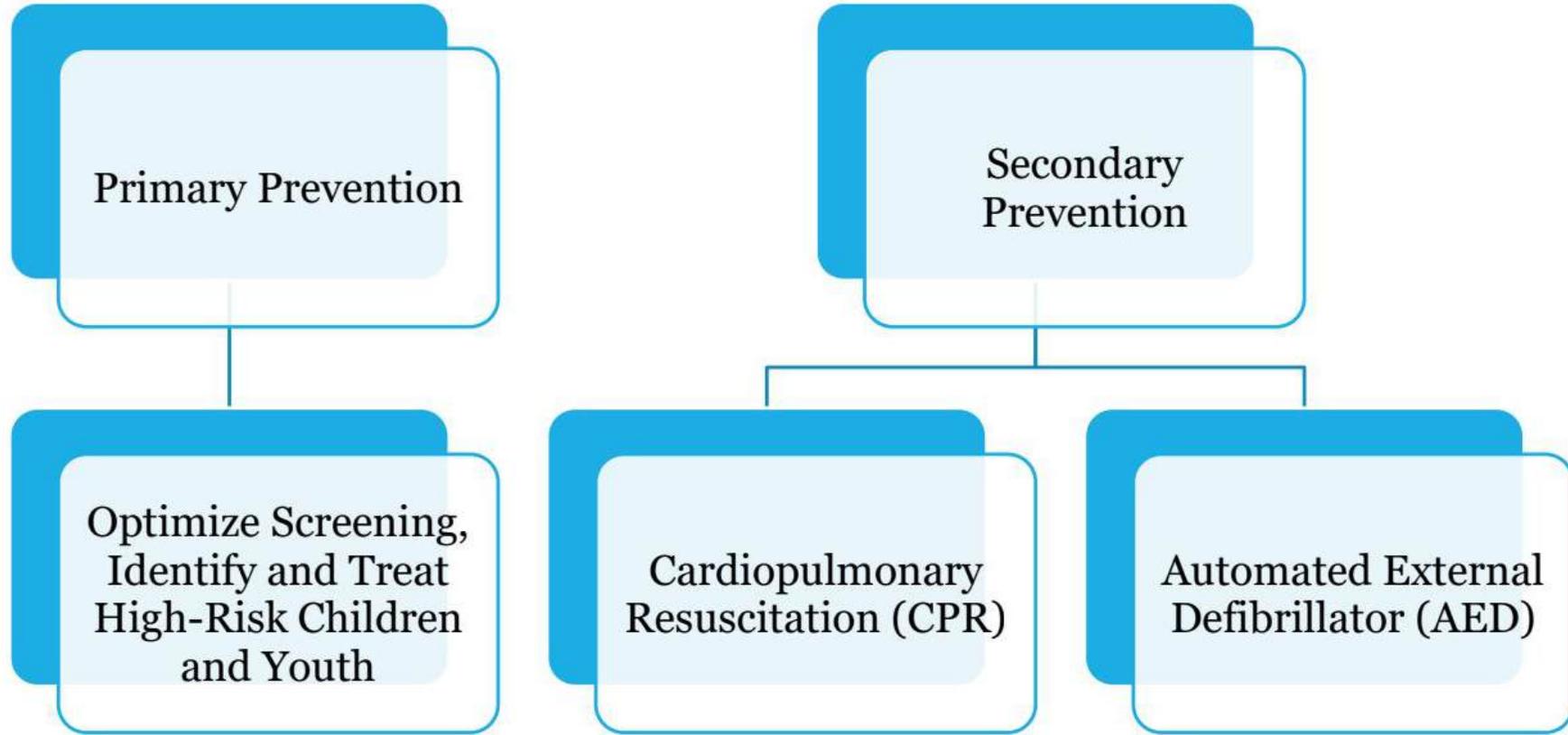
The Problem

Statistics

- 356,000 people per year suffer an out of hospital Sudden Cardiac Arrest (SCA) each year
- Survival rate is less than 10%
- 23,000 youth are die from SCA each year
- 1 high school athlete dies every 3.5 days from SCA
- 1 in 300 youth have an undetected heart disease
- The standard physical misses 96% of these heart diseases



The Solution



Primary Prevention: **Our Why**



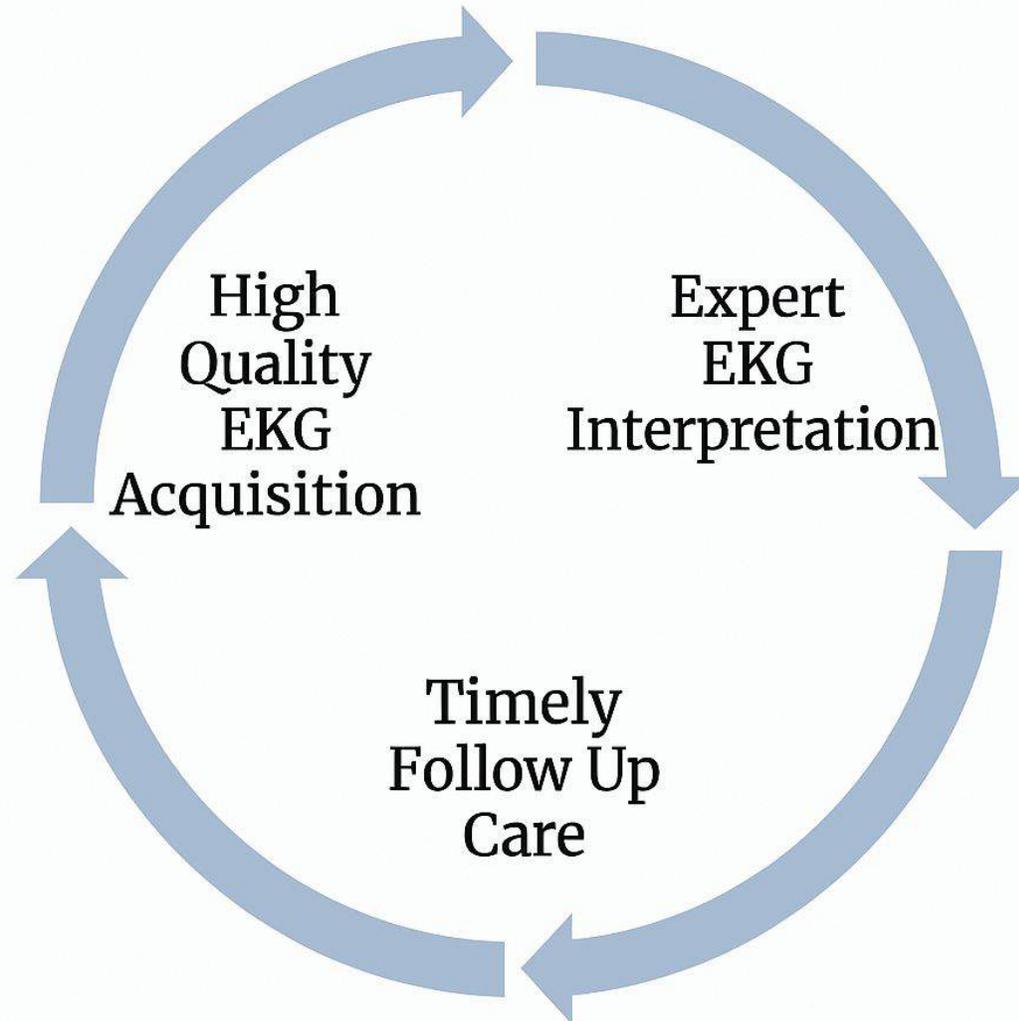
Primary Prevention

“More George” Cardiac Screening Program

Our Volunteer Partners:

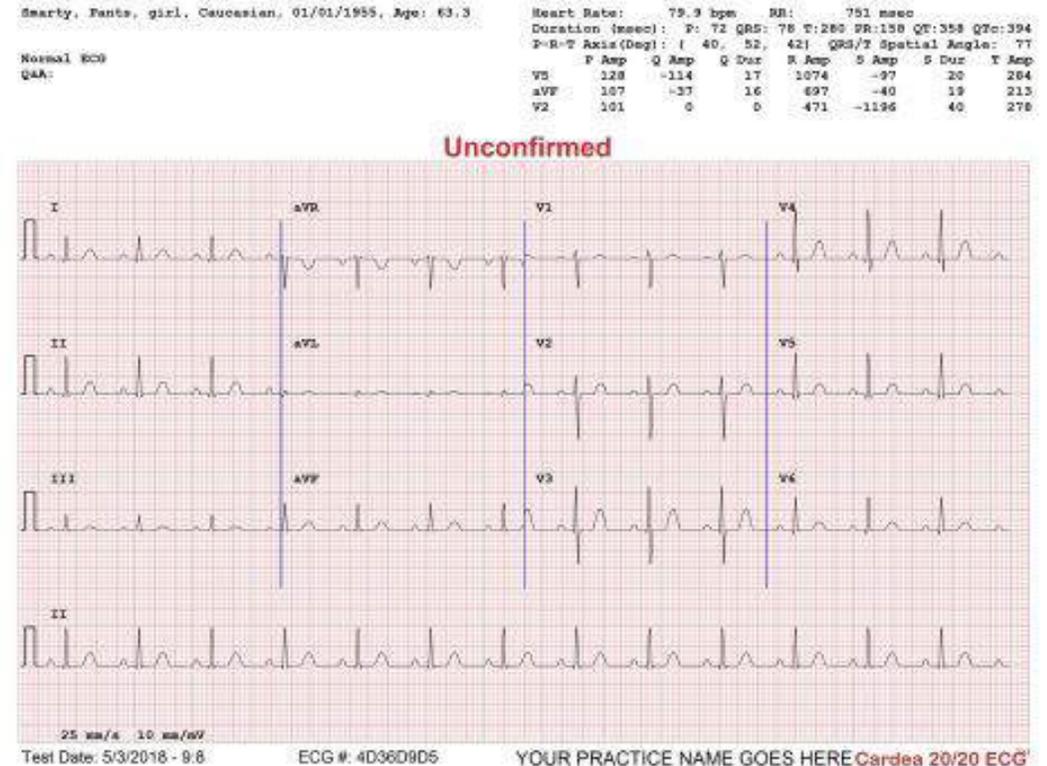


Full Circle of Care



Why EKGs?

- Early detection before it is too late!
- An EKG is quick, simple, & painless
- An EKG can detect MOST heart diseases that cause SCA in youth
 - Hypertrophic Cardiomyopathy
 - Long QT Syndrome
 - Wolff-Parkinsons White
 - and more



Where **We've Been**



Step 1: Pre-Registration

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In A Heartbeat

Cardiac Screening Program Registration

The In A Heartbeat Cardiac Screening Program is designed to help prevent death from sudden cardiac arrest by helping detect potential heart disease in children, teens, & young adults. Each week, sudden cardiac death claims the lives of more than 60 young adults in the United States. In A Heartbeat has been a leader in the community to address this problem in the state of Connecticut. Because of our generous donors and sponsors, we have been able to offer this screening to your child for FREE. Please consider supporting this program so we can continue to offer this to children, teens, & young adults in our area.

Current Testing Dates
04/18/2025 2:30 PM Lauralton Hall
04/24/2025 2:30 PM Darlen High School
4/25/2025 The Williams School (New London, CT)
05/12/2025 2:30 PM ESPN KidsCenter Gymnasium (205 Enterprise Drive Bristol, CT 06010)
05/20/2025 2:30 PM Fairfield Warde High School

[Reload this page](#)

Consent

I give permission for my child to voluntarily participate in the In A Heartbeat Cardiac Screening in which my child will receive an electrocardiogram (also known as EKG or ECG). I understand that the Cardiac Screening will also consist of a medical questionnaire. An ECG is a non-invasive test that measures the electrical activity of the heart and can detect some heart abnormalities that may lead to sudden cardiac death.

The Cardiac Screening does not establish a treatment relationship between my child and me and In A Heartbeat or the licensed healthcare providers administering the ECG. Participation in this screening cannot substitute for a consultation with a physician or other medical professionals for any medical or health related condition or for regular physical examinations. I understand that information received from this screening is to be considered preliminary only and does not constitute a diagnosis of my child's/my health or physical condition. **This is not a diagnostic study and is not intended to replace regular check-ups with my child/my physician or to serve as a clearance for sports participation.**

I understand that my child's participation in the In A Heartbeat Cardiac Screening is intended to identify heart abnormalities which may affect their health during physical activities. In order to have the cardiac screening performed on my child/myself and to participate in a screening I HEREBY RELEASE AND WAIVE ALL CLAIMS, ACTIONS, AND CAUSES OF ACTION that I or my child may otherwise have against In A

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05/20/2025 2:30 PM Fairfield Warde High School
05/21/2025 2:30 PM Fairfield Ludlowe High School
05/27/2025 3:00 PM Staples High School
05/28/2025 1:00 PM Simsbury High School

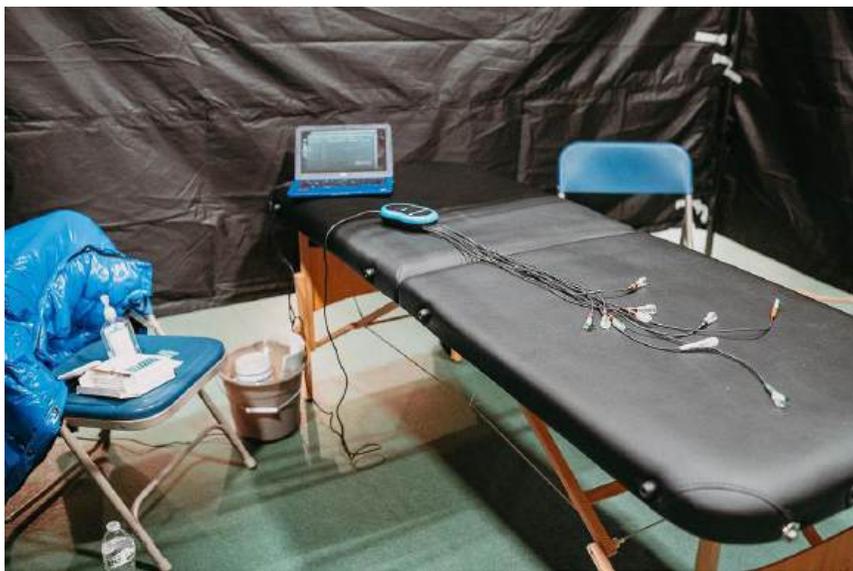
Step 2: Check In



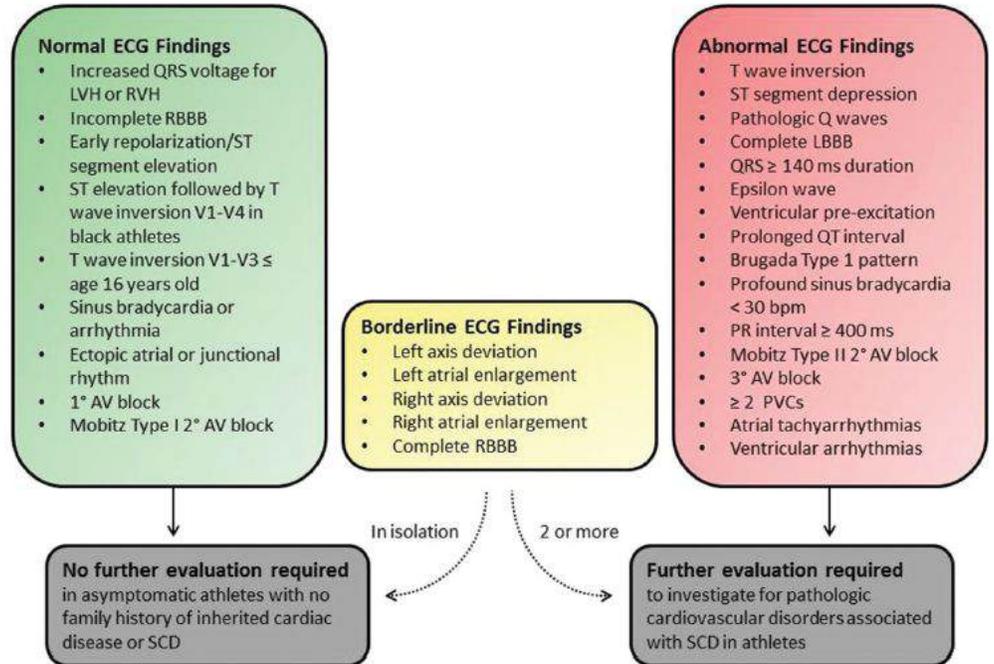
Step 3: CPR/AED Training



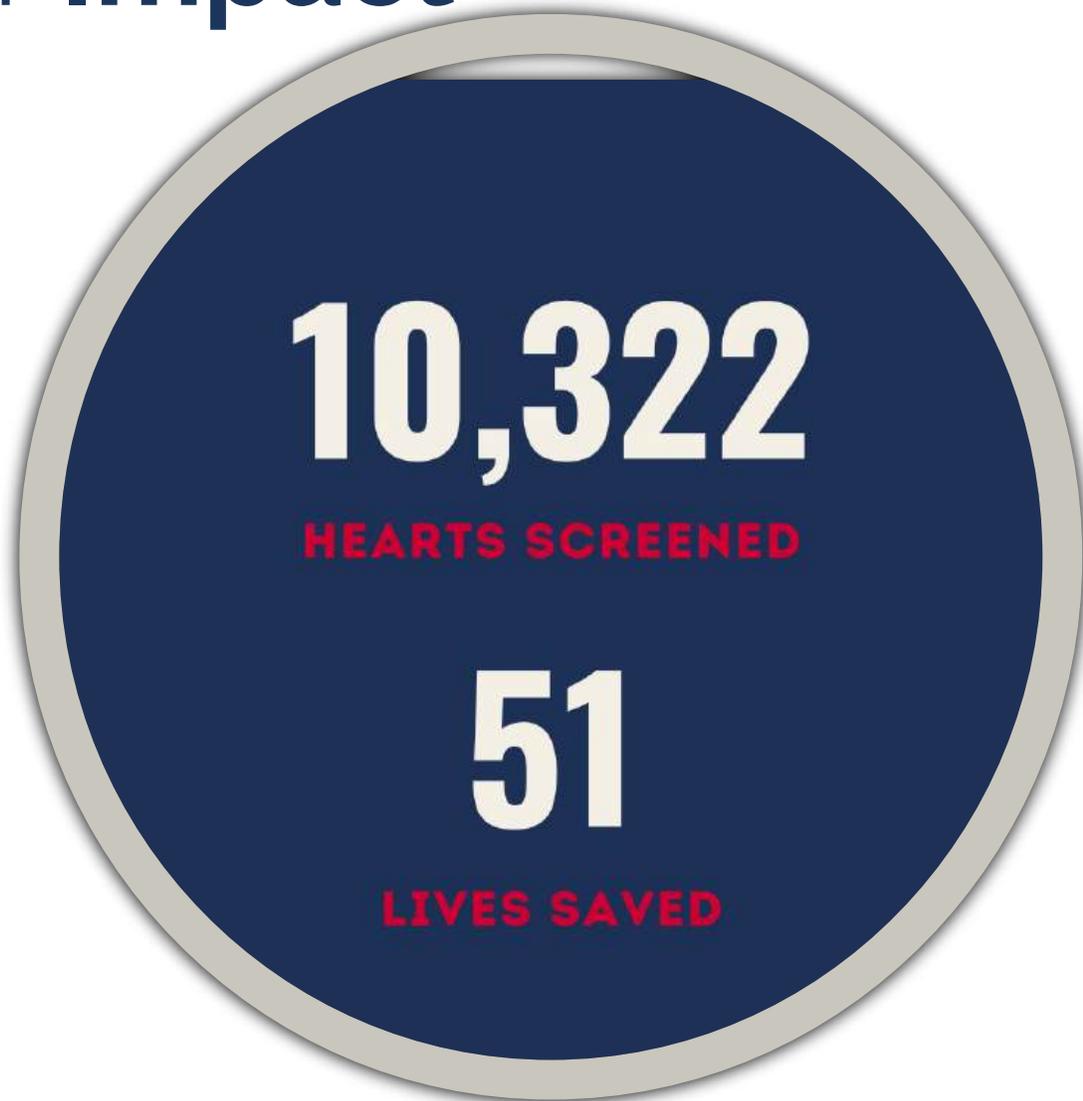
Step 4: EKG Station



Step 5: Results



Our Impact



Secondary Prevention

“Jump Start Heart” AED Program

COMPLETE AED PROGRAM

- ✓ AEDS within 3 minutes
- ✓ Trained Responders
- ✓ Emergency Action Plan
- ✓ Maintenance Plan

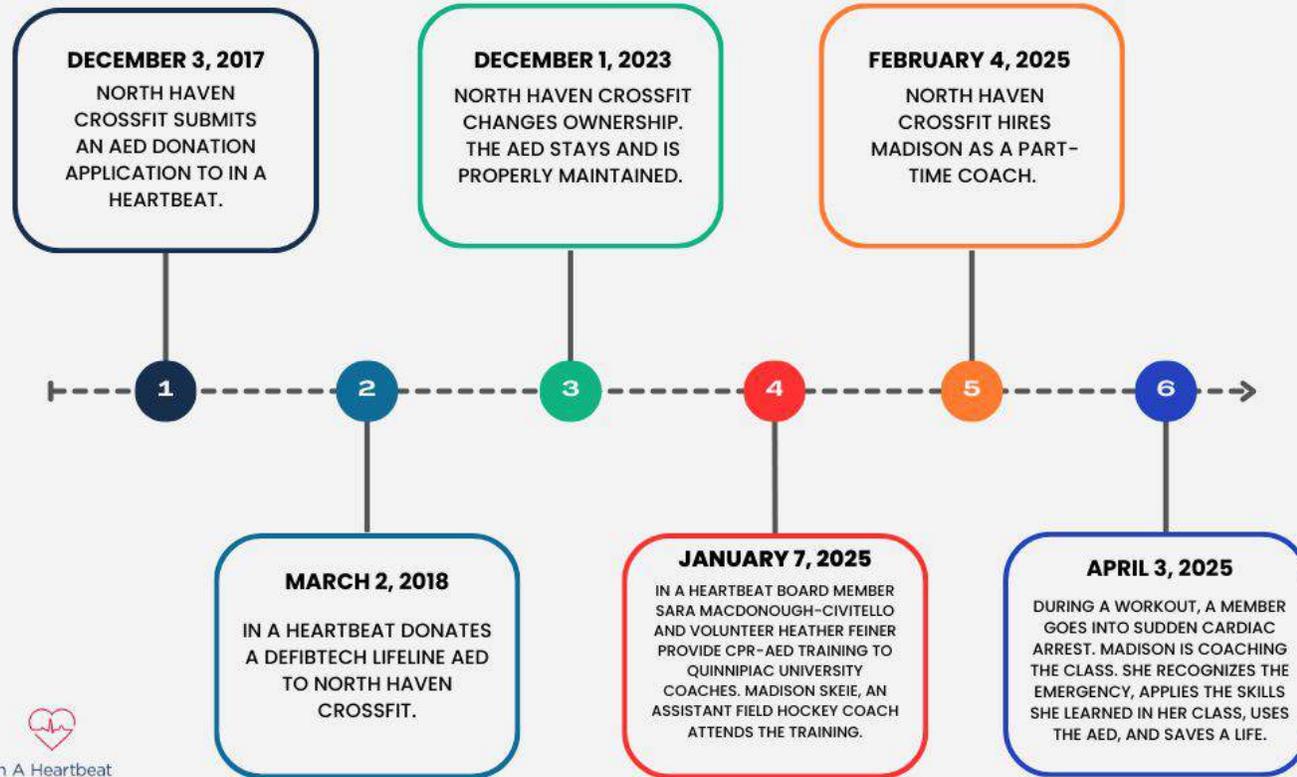


Our Impact



Our Impact

THE IN A HEARTBEAT EFFECT



JUMP START
H E A R T



In A Heartbeat



In A Heartbeat