

KEYNOTE SPEAKER

Mark J. Lindquist is a nationally recognized motivational speaker, highly sought-after success coach, lead singer of the Mark J. Lindquist Big Band, world-touring entertainer, US



Air Force and Afghanistan war veteran, executive director of the nonprofit Support a Fallen Hero, and author of the books, "Passion! 8 Steps to Reignite Yours," "Passion! 8 Steps to Find Yours" and "Service! My Way of Life." Mark has performed live for over 2 million people in 22 countries and 44 states throughout his career. As an actor, he has appeared in **ABC's LOST**, **CBS' Hawaii Five-O** and the Universal Studios movie "**Battleship**." He has performed for Grammy winning artists, Academy Award nominated actors, foreign dignitaries around the world as well as staffers at the White House. Throughout his entertainment career, Mark has performed for the Tuskegee Airmen, the Secretary of the Interior Gayle Norton, Secretary of Commerce Don Evans, Secretary of Labor Elaine Chao, Members of Congress, Sargent Shriver, Mia Hamm, Tony Stewart, Jordin Sparks, The Washington Redskins, The Atlanta Falcons, and The New York Giants (NFL), the Florida Panthers (NHL), the Washington Nationals (MLB), the NCAA, Universal Studios and The Supreme Allied Commander of NATO Europe. Mark is a former AmeriCorps member, as well as a former Sergeant in the United States Air Force and an Afghanistan War Veteran who currently lives in Fargo, North Dakota.

TRAVEL DIRECTIONS

I-84 West From Hartford: Take exit 29 (left hand exit). At the end of the exit go straight onto Mulberry Street. Travel approximately one mile down the road; Aqua Turf Club will be on the right.

I-84 East From Waterbury: Take exit 28, turn right onto Route 322. Turn left under second underpass onto Old Turnpike Road. At first stop sign, take a right onto Mulberry Street. Aqua Turf Club is located 1/2 mile on the right.

From I-91 or the Merritt Parkway: Take Route 691 West towards Waterbury. Take exit 4, turn right at end of exit. Turn right onto South End Road, turn left onto Mulberry Street. The Aqua Turf Club is approximately 1/4 mile on the left.

Thank you Sponsors!

Platinum Sponsor **Coverys**

Gold Sponsors

Nixon Uniform Service & Medical Wear
Smith Brothers Insurance

Bronze Sponsor

Healthcare Compliance Pros
ImageFIRST
IT Direct
SMB Networks LLC



EXPO 2017

"The 7 Mindsets To Live Your Ultimate Life"

Mark J. Lindquist

Mid-Year Healthcare Update

Jennifer Cox, Esq.

Friday, June 16, 2017

8:00 a.m. - 3:30 p.m.

Aqua Turf Club
556 Mulberry Street
Plantville, CT 06479

The 7 Mindsets - Learning Objectives

Want to know how the most successful and happy people got to where they are?

- 1. Everything is Possible – Dream big, embrace creativity, and expect great results**
Everything is Possible provides an understanding that we are all capable of living extraordinary lives. We learn that everything that exists was once an idea until someone believed it was possible and made it a reality.
- 2. Passion First – Pursue your authentic talents and deepest interests**
You will learn to make your dreams authentic, and of such critical importance that you'll find the fuel to overcome the obstacles you're certain to face along the way.
- 3. We Are Connected – Explore the synergies in all relationships and learn to empower one another**
By applying this mindset, you will learn to constantly explore synergies with others, embrace diversity, and relish competition that will help you maximize your potential with and through others.
- 4. 100% Accountable – Choose to be responsible for your own happiness and success**
With a focus on recognizing fears and excuses, this mindset allows you to break down barriers, free your mind, and focus your energy to take critical steps toward accomplishing your goals.
- 5. Attitude of Gratitude – Seek positives from every experience and be thankful for all you have**
Choose the positives, and you're on your way toward extraordinary success; choose the negatives, and you will likely start (or continue) a downward spiral.
- 6. Live to Give – Inspire and serve others while maximizing your potential**
This mindset also teaches that the greatest gift you can ever give is to find and leverage your unique genius to maximize your positive impact on the world, knowing that good things will be returned to you in kind.
- 7. The Time is Now – Harness the power of this moment, and take purposeful action today**
The Time is Now teaches that all your power exists in the moment. You cannot change the past and the future hasn't happened, so the only thing to do is take purposeful action *now* in order to create the ultimate life of your dreams.

FRIDAY, JUNE 16, 2017

8:00 a.m. - 9:15 a.m.
Attendee Registration
Continental Breakfast
Visit with Exhibitors

9:15 a.m. - 9:30 a.m.
Opening Remarks
Amy Russell, President

9:30 a.m. - 11:00 a.m.
Mark J. Lindquist

11:00 a.m. - 11:15 a.m.
Visit with Exhibitors

11:15 a.m. - 12:30 p.m.
Mark J. Lindquist

12:30 p.m. - 1:30 p.m.
Lunch/Visit with Exhibitors

1:30 p.m. - 2:00 p.m.
Vendor Raffles/Visit with Exhibitors

2:00 p.m. - 3:00 p.m.
Mid Year Healthcare Update
Jennifer Cox, Esq.

3:00 p.m. - 3:30 p.m.
Vendor Raffles

REGISTRATION FORM

REGISTER: www.cmgma.org

Mail to : CMGMA, P.O. Box 30, Bloomfield, CT 06002

Email to: info@cmgma.org

Attendee 1: _____

Attendee 2: _____

Attendee 3: _____

For more than 3 attendees please email names to info@cmgma.org

Organization: _____

Address: _____

City: _____ State/Zip _____

Phone: _____

Email: _____

Registration Fee received on or before June 2:

_____ **\$125.00 CMGMA Member ***

_____ **\$105.00 SPECIAL! Receive reduced rate when 3 or more from the same organization are registered.**

_____ **\$165.00 Non-Member**

Registration Fee received after June 2 or at the door:

_____ **\$150.00 CMGMA Member ***

_____ **\$200.00 Non-Member**

**Please note that member rates apply to all office staff attending with CMGMA members. Fee is non-refundable.*

Check# _____ Amount \$ _____

CC# _____ Exp _____

Name on Card: _____

Email receipt to: _____

Are you a new CMGMA member? ___ Yes ___ No

Is this your first CMGMA meeting? ___ Yes ___ No

For further information, please call Lori at the CMGMA Executive Office: 860-243-3977 | Email info@cmgma.org